

## **CURRICULUM VITAE**

- I
- (a) Name: Ade Fatai Adeniyi
  - (b) Department: Physiotherapy
  - (c) Faculty: Clinical Sciences
- II
- (a) First Academic Appointment: Lecturer I (8 January, 2008)
  - (b) Present post (with date): Professor (1 October, 2016)
  - (c) Date of Last Promotion: 1 October, 2016
  - (d) Date Last Considered (in cases where promotion was not through): Not Applicable
- III **University Education (with dates):**
- (a) University of Ibadan (Undergraduate) 1994 to 1999
  - (b) University of Ibadan, Ibadan (Postgraduate) 2002 to 2003
  - (c) University of Ibadan, Ibadan (Postgraduate) 2004 to 2007
- IV **Academic Qualifications (with dates and granting bodies):**
- (a) B.Sc. (Hons) Physiotherapy, University of Ibadan 1999
  - (b) M.Sc. Physiotherapy, University of Ibadan 2003
  - (c) Ph.D. Physiotherapy, University of Ibadan 2007
- V **Professional Qualifications and Diplomas (with dates):**
- (a) B.Sc. (Hons) Physiotherapy, University of Ibadan – January 1999
  - (b) Registrant, Nigerian Medical Rehabilitation Therapists Board (NMRTB) – January, 1999
  - (c) Registrant, Health and Care Professions Council of United Kingdom (HCPC) – April, 2005
  - (d) Certificate, in Global Health from the International Training Institute of Department of Health and Human Services, National Institutes of Health (NIH) – August, 2010
  - (e) Certificate, in Diabetes Epidemiology from the International Diabetes Epidemiology Group – December, 2011

(f) Certificate, in Diabetes Education – Emory Diabetes Education Academy, Emory University School of Medicine, Atlanta Georgia, USA – May 2015

(g) Fellow, National Postgraduate Physiotherapy College of Nigeria, 2016 to date

**VI Scholarships, Fellowships and Prizes (with dates) in respect of Undergraduate and Postgraduate work only):**

(a) University of Ibadan Postgraduate School Scholarship Award: “Postgraduate School Scholar” (2004 -2007)

(b) McArthur Foundation Support Grant for Doctoral Research (2005)

**VII Honours, Distinctions and Membership of Learned Societies:**

- a. International Diabetes Epidemiology Group (IDEG) Scholarship Award to attend the 10<sup>th</sup> Training Course in Diabetes Epidemiology, [Cape Town, South Africa, 2006]
- b. International Chair on Cardio-metabolic Risks (ICCR) & International Diabetes Epidemiology Group (IDEG) joint Scholarship Award to attend the 11<sup>th</sup> Training Course in Diabetes Epidemiology, [Quebec City, Canada, 2009]
- c. Department of Health and Human Services, National Institutes of Health (NIH) Scholarship Award to the International Training Institute on Engaging Communities to Improve Global Health & Reducing Disease Burden through Collaborative Approaches, [Johannesburg, South Africa, 2010]
- d. National Institutes of Health (NIH) & the Baker IDI Heart and Diabetes Institute Scholarship Award to attend the 12<sup>th</sup> Training Course in Diabetes Epidemiology of the International Diabetes Epidemiology Group, [University of Sharjah, United Arab Emirates UAE, 2011]
- e. Principal Investigator, Senate Research Grant 2011 (SRG/FCS/2010/1<sup>A</sup>) of the University of Ibadan for research titled: “Influence of training by demonstration on compliance of type 2 diabetes patients to prescribed exercises”
- f. Visiting Scholar, Madras Diabetes Research Foundation & Dr. Mohan’s Diabetes Education Academy; a WHO Collaborating Centre for Non-Communicable Diseases Prevention and Control & International Diabetes Federation Centre of Diabetes Education, [Chennai, India, November to December, 2014]
- g. Visiting Scholar, Centre for Diabetes and Endocrinology, [Johannesburg, South Africa, February, 2015]
- h. Visiting Scholar, Active Living Research Centre, [San Diego, USA, September, 2015]
- i. Group Lifestyle Balance Trainee, Diabetes Prevention Support Centre, University of Pittsburgh, [Pittsburgh, USA, March 2016]

- j. Co-investigator, Translational Research and Fellowship Grant 2016 (CTR16A00-1) “Reducing Anxiety and Depression in Infertility among Nigerian Women: An Exploratory Psycho-educational Intervention Trial (RADIANT Study)”
- k. Co-investigator, An integrative investigation of social-cognitive and biomedical mechanisms for prevention of doping in sport: A mixed–research narrative in Nigeria (TETFUND Research Grant, 2020)
- l. Member, International Diabetes Epidemiology Group (IDEG)
- m. Member, Nigerian Society of Physiotherapy (NSP)
- n. Member, Ibadan Diabetes Study Group (IDSG)
- o. Member, UCH Interdisciplinary Wound Care Team
- p. Member, International Society for Behavioural Nutrition and Physical Activity (ISBNPA)

## **VIII Details of Teaching/Work Experience**

### **A TEACHING EXPERIENCE**

- |       |   |                                |
|-------|---|--------------------------------|
| (i)   | Lecturer II<br>Department of Physiotherapy,<br>Faculty of Medicine,<br>Bayero University, Kano, Nigeria   | March 2004 to December 2007    |
| (ii)  | Lecturer I<br>Department of Physiotherapy,<br>University of Ibadan, Nigeria   | January 2008 to September 2011 |
| (iii) | Senior Lecturer<br>Department of Physiotherapy,<br>University of Ibadan, Nigeria  | October 2011 to date           |
| (iv)  | Associate Lecturer<br>Master of Engineering Management<br>Department of Industrial and Production Engineering<br>Faculty of Technology<br>University of Ibadan, Nigeria | April 2013 to date             |
| (v)   | Visiting Senior Lecturer<br>Department of Physiotherapy<br>College of Medical Sciences<br>University of Maiduguri, Nigeria  | May 2016 to April 2019         |

- |        |  |                       |
|--------|--|-----------------------|
| (vi)   | Professor<br>Department of Physiotherapy<br>College of Medicine<br>University of Ibadan, Nigeria   | October 2016 to date  |
| (vii)  | Visiting Professor<br>Department of Physiotherapy<br>School of Basic Medical Sciences<br>College of Medical Sciences<br>University of Benin, Nigeria | July, 2019 to date    |
| (viii) | Extraordinary Professor<br>North-West University<br>Mafikeng, South Africa   | December 2020 to date |

**(Courses taught with dates)**

- (a) Undergraduate courses taught in Physiotherapy from January 2008 to date:

PST 325:	Pathokinesiology
PST 329:	Introduction to Pathology
PST 411:	Actinotherapy and Sonotherapy
PST 413:	Muscle Strengthening and Joint Mobilization
PST 414:	Therapeutic Exercises
PST 424:	Ergonomics and Community Physiotherapy
PST 521:	Sports Physiotherapy

- (b) Postgraduate courses taught in Physiotherapy from January 2008 to date:

PST 703:	Research Methodology
PST 709:	Infant Neuromotor Development and Disorders
PST 710:	Orthopaedic Physiotherapy including Sports Traumatology and Rehabilitation
PST 714:	Sports Physiotherapy
PST 715:	Recreation in Health and Diseases
PST 720:	Evidence Based Practice

- (c) Courses taught in Master of Engineering Management programme from 2014 to date:

TEM 711:	Accidents and Emergencies Management (2) [2 Modules]
TEM 712:	Human Factors Engineering (3) [4 Modules]
TEM 715:	Industrial Ergonomics (3) [4 Modules]
TEM 716:	Bioenvironmental Engineering (2) [3 Modules]
TEM 717:	Corporate Security and Hazard Control (2) [4 Modules]

- (d) Courses taught at the University of Maiduguri from 2016

MRH 413: Hydrotherapy  
 MRH 512: Sports Physiotherapy  
 MRH 513: Research Proposal Seminar  
 MRH 809: Tests and Measures in Physiotherapy and Rehabilitation

- (e) Clinical Teaching and Supervision of undergraduate and postgraduate students Jan. 2008 to Date
- (f) Supervision of B.Sc. and B. Physiotherapy projects:  
 16 completed at Bayero University, Kano (March 2004 – December 2007)  
 27 projects completed, & 3 ongoing at the University of Ibadan (October 2008 to Date)
- (g) Supervision of M.Sc. Physiotherapy Dissertation  
 11 dissertations completed, 1 ongoing (January 2010 to Date)
- (h) Supervision/co-supervision of Ph.D. Physiotherapy students  
 4 Ph.D. theses completed; 3 Ph.D theses ongoing (July 2012 to date)
- (i) Participation in Examination of Undergraduate and Postgraduate Physiotherapy Students Theory, clinicals, practicals and oral examinations (January 2008 to Date)

## **B CLINICAL WORK EXPERIENCE**

- (a) Intern Physiotherapist May 1999- June 2000  
 Lagos University Teaching Hospital, Lagos
- (b) Youth Corps Physiotherapist July 2000- July 2001  
 Lagos University Teaching Hospital, Lagos
- (c) Grade I Physiotherapist Nov. 2002-Sept. 2003  
 State Hospital, Oyo Town
- (d) Honorary Consultant Physiotherapist Nov. 2007-Dec. 2007  
 Aminu Kano Teaching Hospital  
 Kano, Nigeria
- (e) Specialist Adviser (Physiotherapy) July 2009 to date  
 University College Hospital  
 Ibadan, Nigeria

## **COMMUNITY SERVICES RENDERED**

### **(At the Department Level)**

- a. Member, Departmental Finance Committee; 2008 to 2018
- b. Member, Departmental Ceremonials Committee; 2008 to 2018
- c. Member, Department Website Committee; 2008 to 2012
- d. Member, Student Disciplinary Committee; 2008 to Date
- e. Member, Curriculum Review Committee; 2008 to Date
- f. Assistant Managing Editor/Secretary, African Journal of Physiotherapy and Rehabilitation Sciences; 2008 to 2019
- g. Staff Adviser, Association of Physiotherapy Students; 2008 to 2012
- h. Undergraduate Coordinator, 2008 to 2010
- i. Departmental Coordinator, Students' Industrial Work Experience Scheme (SIWES), 2010 to 2012
- j. Postgraduate Coordinator, 2010 to 2012
- k. Departmental Officer in charge of alumni requests and credentialing, 2010 to 2018
- l. Member, Departmental Quality Assurance Committee, 2012 to date
- m. Examination Officer, Department of Physiotherapy, 2014 to 2018
- n. Undergraduate Clinical Coordinator, August 2018 to date
- o. Head, Department of Physiotherapy, College of Medicine, University of Ibadan, 1 August to 27 August 2020

### **(At the Faculty Level)**

- a. Representative of the Department in Faculty Postgraduate Committee, 2010 to 2012
- b. Member, Finance Committee, Faculty of Clinical Sciences, University of Ibadan, August 2012 to 2014
- c. Sub-Dean (Undergraduate), Nursing and Physiotherapy, Faculty of Clinical Sciences, University of Ibadan, August 2012 to July 2014
- d. Acting Sub-Dean, Undergraduate and Postgraduate at different times, 2010 to date
- e. Chairman and Convener, Strategic Visioning, Planning and Advancement Committee, 2018 to date

**(At the College Level)**

- a. Member, College Ceremonials Committee, 2010 to 2014
- b. Member, Ad-Hoc Committee on revamping the College Information Technology (IT) service, 2014
- c. Member, College of Medicine Information and Communication Technology (ICT) Committee, 2015 to date
- d. Member, Research Sub-Committee, Ibadan College of Medicine Alumni Association (ICOMAA), University of Ibadan, 2012 to date
- e. Assistant Secretary-General, Ibadan College of Medicine Alumni Association (ICOMAA), 2013-2015
- f. Secretary-General, Ibadan College of Medicine Alumni Association (ICOMAA) 2016 to 2019.
- g. Member, College Research and Innovation Management (CRIM) Committee for the organization of 2016 College Research Day
- h. Member, Academic Board, College of Medicine, 2016 – 2018
- i. Chairman, University College Hospital Alumni Unit, 2019 to date
- j. President, Ibadan College of Medicine Alumni Association (ICOMAA) Worldwide, 2019 to date
- k. Chairman, College Project Monitoring and Implementation Committee, 2020 to date
- l. Deputy Provost, College of Medicine, University of Ibadan, 2020 to date

**(At the University Level)**

- a. Congregation Representative on Senate, 2010 to 2012
- b. Congregation Representative on Senate, 2014 to 2018
- c. Congregation Representative on University Ceremonials Committee, 2014 to 2016
- d. Assistant Warden, Tedder Hall, University of Ibadan, February 2013 to date
- e. Member, University of Ibadan Senior Staff Disciplinary Committee (SSDC) Panel “K”, 2015 to 2019
- f. Member, Senate Business Committee, 2016 to 2017
- g. Member, Committee on the Production of a University Research Strength Profile and a Documentary Showcasing Landmark Research at the University of Ibadan
- h. Member, Board of Management of the Veterinary Teaching Hospital, University of Ibadan, 2017 to date

- i. Representative of the University Community on the Internal Revenue Board of the University of Ibadan 2016 to 2018
- j. Member, Governing Council of Osun State College of Technology, Esa-Oke, Osun State, Nigeria
- k. Member, Senate of the University of Ibadan, 2018 to date
- l. Member, University of Ibadan Senior Staff Disciplinary Committee (SSDC) Panel “J”, 2019 to date
- m. Member, Ad-Hoc Committee on University Disability Policy, 2020 to date

**(Outside the University Community Level)**

- a. Chairman, Kishi Progressive Union (KPU), Ibadan Branch, 2013 to date
- b. Chief Partner, Partnership Centre for the Prevention and Control of Chronic Diseases 2016 to date
- c. Class Governor, Anglican Grammar School ‘93 Old Students Association.
- d. Co-Speaker, The Kishi Parliament, 2020 to date

**(Others)**

- a. Chairman, Education Sub-Committee of the 47<sup>th</sup> Annual Scientific Conference and International Forum (Kanon-Dabo 2007) of Nigeria Society of Physiotherapy
- b. Secretary & Assistant Managing Editor, African Journal of Physiotherapy and Rehabilitation Sciences [2008 to date]
- c. Resource Person for Occupational Rehabilitation intensive course on Occupational Health and Industrial Medical Practice organized by the Department of Community Medicine, College of Medicine, University of Ibadan, July 2011 to date
- d. External Examiner for Bachelor of Physiotherapy and Doctor of Philosophy (Ph.D.) programmes, University of Lagos [2013 to date]
- e. International Organising Committee (IOC) member for the Symposium of the International Diabetes Epidemiology Group, [Melbourne, Australia 2013]
- f. Member, Doctor of Physiotherapy (DPT) Curriculum Committee for the Nigeria Society of Physiotherapy [April 2013 to date]
- g. External Examiner, Bachelor of Medical Rehabilitation programme, Obafemi Awolowo University [2015 to date]
- h. Resource Person to the National Universities Commission (NUC) on verification exercise [2016 to date]

- i. Director of Physical Activity & Member of Executive Board, Nigerian Heart Foundation (NHF) [2017 to date]
- j. Chairman, National Task Force on the establishment of Exercise is Medicine®, Nigeria National Chapter [2017 to date]
- k. Board Member, National Postgraduate Physiotherapy College of Nigeria [2017 to date]
- l. National Director, Exercise is Medicine® Nigeria National Centre, [2018 to date]
- m. Resource Person, West African College of Physicians (WACP) Update Course [2018 to date]
- n. Associate Editor, African Journal of Medicine and Medical Sciences [2018 to date]
- o. External Examiner, University of Nigeria, Nsuka [2019 to date]
- p. Team Leader for the establishment of Doctor of Physiotherapy programme at Chrisland University, Abeokuta, Nigeria [2019 to date]
- q. Secretary, Faculty of Community Physiotherapy, National Postgraduate Physiotherapy College of Nigeria [2019 to date]
- r. Reviewer, Journal of Back and Musculoskeletal Rehabilitation
- s. Reviewer, African Journal of Reproductive Health
- t. Reviewer, Journal of Medicine and Rehabilitation
- u. Reviewer, African Journal of Physical, Health Education, Recreation and Dance
- v. Reviewer, Nigerian Quarterly Journal of Hospital Medicine
- w. Reviewer, Sahel Medical Journal
- x. Reviewer, African Health Sciences
- y. Reviewer, Diabetes Research and Clinical Practice
- z. Reviewer, BMC Musculoskeletal Disorders
- aa. Reviewer, African Journal of Medicine and Medical Sciences
- bb. Editorial Board Member, Journal of Nigeria Society of Physiotherapy

## **IX Project, Dissertation and Thesis**

- (i) “Awareness and Utilization of Physiotherapy in Traditional Hausa Bone Setting Practice”. A dissertation submitted to the Faculty of Clinical Sciences, University of Ibadan in partial fulfillment of requirements for the award of B.Sc. Physiotherapy Degree, January 1999.

(ii) “A Retrospective Study of Pattern of Soccer Injuries in Selected Matches at the 2002 FIFA, CAF and UEFA Organized Tournaments”. A dissertation submitted to the Faculty of Clinical Sciences, University of Ibadan in partial fulfillment of requirements for the award of M.Sc. Physiotherapy Degree, July 2003.

(iii) “Effects of a Twelve-Week Therapeutic Exercise Regimen on Selected Clinical Disorders Associated with Type 2 Diabetes Mellitus”. A thesis submitted to the Faculty of Clinical Sciences, University of Ibadan in partial fulfillment of requirements for the award of Doctor of Philosophy (Ph.D. in Physiotherapy), May, 2007.

## **X RESEARCH PROJECTS SUPERVISED**

### **Undergraduates (B. Physiotherapy):**

1. Physical activity levels of diabetic patients attending selected hospitals in Ibadan
2. Psychological factors and the stages of change of physical activity level of patients with type 2 diabetes in selected hospitals in Ibadan
3. Physical activity readiness among young and middle aged athletes
4. Physical activity and depression among children and adolescents
5. Physical activity of pregnant women attending outpatient clinics in Ibadan
6. Relationships between self-reported fatigue, physical activity level and adiposity measures among type 2 diabetes patients
7. Postpartum exercise knowledge and self-efficacy among postnatal women in selected hospitals in Ibadan
8. Barriers and facilitators of walking to school among secondary school students in Ibadan North Local Government
9. Assessment of motivation for physical activity and exercise in patients with Type 2 Diabetes
10. Awareness of physical activity among grassroots population of Ibadan North Local Government
11. Self-reported physical functioning in older adults visiting the outpatient clinics of selected hospitals in Ibadan
12. Physical activity preferences and preferred source of support among type 2 diabetes patients in selected hospitals in Ibadan
13. Association between physical activity and stress among people with type 2 diabetes mellitus
14. Association between physical activity of patients with type 2 diabetes and their adult children
15. Association between physical activity and quality of life of patients with diabetes

16. Problem areas in diabetes and its association with physical activity of patients with type 2 diabetes
17. Awareness, availability and structure of workplace physical activity programmes among selected private and government owned corporations in Ibadan North Local Government
18. Assessment of physical activity and type 2 diabetes risk among healthcare professionals in University College Hospital, Ibadan
19. Physical activity, work limitations, socio-demographic and work characteristics among patients with selected chronic conditions
20. Physical activity, sedentary behaviour and academic performance among University of Ibadan Students
21. Physical activity and loneliness among the elderly population
22. Knowledge, barriers and motivation of clinical students towards physical exercise
23. Relative prescription of health promotion by healthcare providers in public Primary Health Care Centres in Ibadan
24. Knowledge, attitudes, and current practices of Nigerian Physiotherapists in preventing and managing diabetes
25. Association between physical activity and risk of diabetes foot among patients with type 2 diabetes
26. Sit-walk ratio and its relationship with selected adiposity and glycaemic variables among patients with type 2 diabetes
27. correlation between string test margin and selected adiposity measures among patients with type 2 diabetes
28. Perception of risk for developing diabetes among students of the University of Ibadan
29. Assessment of physical activity needs of undergraduate clinical students of the University of Ibadan
30. Assessment of health enhancing physical activity facilities and programmes in primary schools in Ibadan North Local Government Area

## **XI Major Conferences Attended with Papers Read**

1. John D. and Catherine T. Macarthur Foundation, Ibadan, A Four Days Workshop on Crosscutting Issues on Promoting University-Private Sector Collaboration, Development of Entrepreneurship Skills and Innovation. May 2003
2. Society for The Study of Pain, Nigeria, Ile-Ife, A Four Days Annual Conference on Pain Management in a Developing Country. July 2003

3. Postgraduate School, University of Ibadan, Ibadan, Five Days Intensive Course on Methodology of Basic and Applied Research Including Information and Communication Technologies (ICT) For Research Purposes, 1<sup>st</sup> Nov. 2004
4. Department of Physiotherapy, University of Ibadan, Three Days Workshop on Cochrane Collaboration and Evidence Based Practice. April 2005
5. International Diabetes Epidemiology Group (IDEG), Training on Diabetes Epidemiology, Cape Town, South Africa. Nov. 2006
6. **Adeniyi, A.F.**, Sanya, A.O., Fasanmade, A.A., Borodo, M., Tijjani, B. and Uloko, A.E. (2007): The 42nd Annual Conference of The European Diabetes Epidemiology Group of The EASD (Cambridge, **United Kingdom**). Title of abstract presented: "Therapeutic Exercise Mimics Electrical Transformer in Fluctuations of Disorders Associated with Type 2 Diabetes: A Preliminary Study". Abstract No: P58
7. **Adeniyi A.F.**, Sanya, A.O., Fasanmade, A.A., Borodo, M., Uloko, A.E. and Tijjani, B (Oct. 2007): Annual/International Conference of the Nigeria Society of Physiotherapy on Community Based Rehabilitation/Primary Health Care, Kano, **Nigeria**. Title of abstract presented: "Association between Pulse Index and Metabolic Syndrome in Persons with Type 2 Diabetes Mellitus".
8. **Adeniyi A.F.** And Abdullahi M.S. (Oct. 2007): Annual/International Conference of the Nigeria Society of Physiotherapy on Community Based Rehabilitation/Primary Health Care, Kano, **Nigeria**. Title of abstract presented: "Variations of Body Composition in Pupils of Public and Private Primary Schools: Do Recreational Facilities Explain Any Difference?"
9. **Adeniyi A.F.** (Oct. 2007): Federal Road Safety Commission R.S. 12/NYSC/Road Safety Club, Kano, **Nigeria**. Title of paper presented: "How to Save Life in an Accident Scene: What to do and What Not to do".
10. **Adeniyi A.F.** (Oct. 2007): Annual Public Lecture of National Association of Physiotherapy Students (NAPS), Bayero University, Kano, **Nigeria**. Title of paper presented: "The Brain Drain Scourge: The Drain, The Strain and the Gain".
11. Nigerian Society of Endocrinology and Metabolism, Workshop on Diabetes Emergencies, Ibadan, Nigeria. June 2008
12. of Community Medicine, University College Hospital, Ibadan, One Week Intensive Course on Clinical Epidemiology and Operations Research (CEOR). July 2008
13. **Adeniyi, A.F.**, Sanya, A.O., Fasanmade, A.A., Borodo, M., Uloko, A. and Tijjani, B. (2008): The 5<sup>th</sup> World Congress on Prevention of Diabetes and its Complications (Helsinki, **Finland**). Title of abstract presented: "Pre-Exercise Parameters in a Group of Sedentary Nigerians with T2DM in a Tertiary Health Centre: Indications for Routine Therapeutic Exercises". Abstract No: P17-09
14. The South African Cochrane Collaboration (Nigerian Branch), Two day workshop on Cochrane Protocol Development/RevMan Utilization. January 2009

15. MacArthur Foundation Grant ICT-Related Training Programme (Module III), One week training on web design, quantitative and qualitative data analysis. March 2009
16. Partnership for Higher Education in Africa Educational Technology Initiative (PHEA ETI), Four-day workshop on Educational Technology. April 2009
17. American Heart Association/Ibadan College of Medicine Alumni Association, Basic Life Support/Cardiopulmonary Resuscitation Provider Course. July 2009
18. International Association for the Study of Pain, Workshop on Improving Pain Education among Physiotherapy Educators in Nigeria”. August 2009
19. Resource Person for Faculty of Clinical Sciences at Basic Life Support/Cardiopulmonary Resuscitation for Healthcare Providers. August 2009
20. **Adeniyi, A.F.**, Salaam, O. and Adeniyi, C.Y. (2009): 11<sup>th</sup> International Symposium of the International Diabetes Epidemiology Group (IDEG) (Quebec City, **Canada**). Title of abstract presented: “Influence of perceived stress on exercise self efficacy in a sample of Type 2 diabetes patients in Nigeria”. Abstract No: 3B-P61
21. MacArthur Foundation, Capacity Building in Pedagogical Skills. (March 2010)
22. National Institutes of Health (NIH) Summer Training Institute on Engaging Communities to Improve Global Health: Reducing Disease Burden through Collaborative Approaches, Johannesburg, South Africa (August, 2010)
23. Guest Lecturer at symposium on “Childhood obesity: an emerging menace” organized by Resident Walk Organization – title of lecture delivered: “**Role of exercise in obesity management**”, August 2010.
24. **Adeniyi, A.F.**, Idowu O. and Adeniyi, C.Y. (2011): Comparative influence of self-efficacy, social support and perceived barriers on physical activity of patients with type 2 diabetes, hypertension or stroke from Nigeria. At the 12<sup>th</sup> International Symposium of the International Diabetes Epidemiology Group (IDEG). Abstract No: P8-P22. [2-4 December, 2011; Sharjah, **United Arab Emirate (UAE)**]
25. **Adeniyi, A.F.** (2013): Physiotherapeutic Tests in Sports Talent Identification: Implication for Long Term Athlete Development. At a 3 Day Conference on Long Term Athlete Development [20-22 August, 2013; Ibadan, **Nigeria**]
26. **Adeniyi, A.F.** (2013): Fit for the future. Guest Lecturer at World Confederation for Physical Therapy (WCPT), Federal Medical Centre [10 September, 2013; Ido-Ekiti, **Nigeria**].
27. Idowu, O.A., Kaka, B., **Adeniyi, A.F.**, Ogwumike, O.O., Umar, Y.H. and Atijosan, A.J. (2013): Work-related musculoskeletal disorders among health professionals in Kano, North-west Nigeria. At Nigeria Society of Physiotherapy Annual Scientific Conference [29 October to 2 November, 2013; Akure, **Nigeria**].

28. Ogwumike, O.O., **Adeniyi, A.F.**, Onimisi, J.O. and Olashore, O.D. (2013): Profile of children with newborn brachial plexus palsy managed in the University College Hospital, Ibadan, Nigeria. At Nigeria Society of Physiotherapy Annual Scientific Conference [29 October to 2 November, 2013; Akure; Akure, **Nigeria**].
29. Idowu, O.A., **Adeniyi, A.F.**, Babatunde, O.A., Atijosan, O.J. and Ogwumike, O.O. (2013): Low back pain is severe and it restricts participation: a case study of patients with type 2 diabetes mellitus. At 13<sup>th</sup> International Symposium of the International Diabetes Epidemiology Group (IDEG) [30 November to 2 December, 2013; Melbourne, **Australia**]. Abstract No.: P23-P25
30. **Adeniyi, A.F.** (2014): Physical exercise in the management of diabetes mellitus. At the conference of the Association of Dieticians in Nigeria (ADN) [30 May, 2014; Ibadan, **Nigeria**].
31. Ogwumike, O.O., **Adeniyi, A.F.** and Orogbemi, O.O. (2014): Musculoskeletal symptoms among postmenopausal women in Nigeria: association with overall and central obesity. At the World Congress of Physical Therapy Africa Region [19-25 May, 2014; Lusaka, **Zambia**]. pg 59-60
32. Ogwumike, O.O., Olasore, O.D. and **Adeniyi, A.F.** (2014): Menopausal women with chronic conditions: influence of psychosocial factors on exercise and physical activity level. At the World Congress of Physical Therapy Africa Region [19-25 May, 2014; Lusaka, **Zambia**]. pg 55-56
33. Bello, B. and **Adeniyi, A.F.** (2014): Effect of stabilization exercises on electrical activity of multifidus muscle, pain and functional ability among individuals with chronic low back pain. Presented at the 10<sup>th</sup> International Scientific and Training Conference on the Trends in Development of Physiotherapy with regards to Health Promotion. [14-15 November, 2014; Poznan, **Poland**]. pp 207–212.
34. **Adeniyi, A.F.**, Idowu, O.A., Akinleye, A.A., Ogwumike, O.O. and Aiyegbusi, O.S. (2015): Unsupervised activity and healthcare provider support for physical activity preferred by type 2 diabetes patients. Presented at the 14th International Symposium of the International Diabetes Epidemiology Group (IDEG) [November, 2015; Vancouver, **Canada**]. Abstract number 001.
35. Idowu, O.A., **Adeniyi, A.F.**, Ogwumike, O.O. and Aiyegbusi, O.S. (2015): Barriers to physical activity among adult Nigerians with type 2 diabetes: the roles of social support and self-efficacy. Presented at the World Diabetes Congress. [December, 2015; Vancouver **Canada**]. Abstract number 0887P.
36. Aliyu, E.S. and **Adeniyi, A.F.** (2016): Leisure-time physical activity, occupational physical activity and psychosocial attributes of healthcare providers in University of Abuja Teaching Hospital. Presented at the 2<sup>nd</sup> Annual Scientific Conference of the Nigeria Society of Physiotherapy Cardiopulmonary Specialty Group [May, 2016; Enugu, **Nigeria**]. Abstract page 25.
37. Ogwumike, O.O., Ugwuanyi, D.U. and **Adeniyi, A.F.** (2016): Perceived health status, self-reported and performance-based physical function in a sample of adults with osteoarthritis of the knee. Presented at the 10<sup>th</sup> International Society of Physical and Rehabilitation Medicine World Congress [May 2016; Kuala Lumpur, **Malaysia**]. Abstract number ISPRM-0184.

38. **Adeniyi AF** (2016): Physical Activity and Sports for Health: Unbundling the Matrix of Personal and Policy Issues. Lead Paper presented at the Nigeria Association of Sports Science and Medicine Conference and Workshop [August 2016; Benin City, Nigeria].
39. **Adeniyi AF** (2017): Role of Physiotherapy in the prevention of noncommunicable diseases. Lead Paper presented at the Nigeria Society of Physiotherapy Conference [October 2017; Abakaliki, Nigeria].
40. Idowu OA, **Adeniyi AF**, Ogwumike OO, Lawal A and Oke KI (2017): Efficacy of graded activity with and without daily-monitored-walking on psychosocial parameters in patients with concomitant low-back pain and type-2 diabetes. Paper presented at the International Diabetes Epidemiology Group (IDEG) Symposium [December 2017; Abu Dhabi, **United Arab Emirates**]
41. Idowu OA, **Adeniyi AF**, Ogwumike OO, Edo A.E and Oke KI (2017): Efficacy of graded activity with and without daily-monitored-walking on selected clinical attributes of patients with concomitant low-back pain and type-2 diabetes. Paper presented at the International Diabetes Epidemiology Group (IDEG) Symposium [December 2017; Abu Dhabi, **United Arab Emirates**]
42. Resource Person at a 2-day workshop on Community Based Rehabilitation held at the University of Uyo Teaching Hospital [March 2018, Uyo, **Nigeria**]
43. Chairman, Local Organising Committee for Train the Trainers Workshop of the National Postgraduate Physiotherapy College of Nigeria held at the Centre for Sustainable Development, Bodija, Ibadan, Nigeria [May & August, 2018, Ibadan, **Nigeria**].
44. Resource Person, West African College of Physicians (WACP) Update Course [August 2018, **Nigeria**]
45. Resource Person, EIM Webinar on Global Trends in Fitness During Covid-19: A Panel Discussion [April 2020, **Zoom**]
46. Guest Lecturer at the Inauguration of the Faculty of Medical Rehabilitation at the University of Medical Sciences, Ondo, Ondo State titled: “The Prospects and Pathways for Advancing Medical Rehabilitation Training and Practice in Nigeria.” [November 2020, **Nigeria**]

{tab=Research}

- i. Influence of training by demonstration on compliance of type 2 diabetes patients to prescribed exercises.
- ii. Reducing Anxiety and Depression in Infertility among Nigerian Women: An Exploratory Psycho-educational Intervention Trial
- iii. An integrative investigation of social-cognitive and biomedical mechanisms for prevention of doping in sport: A mixed-research narrative in Nigeria

{tab=Publications}

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### **a. Chapters in Books already published**

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