# 2022 PROMOTION EXERCISE CURRICULUM VITAE

a.	<u>Name:</u>	Temitope <u>Hori</u>
b.	<b>Date of Birth:</b>	13 June 1973
c.	<u>Department:</u>	Community Medicine
d.	Faculty:	Clinical Sciences
II.		
a.	First Academic Appointment:	Lecturer I
b.	Present Post(with date):	Senior Lecturer
c.	<b>Date of Last Promotion:</b>	Not applicable
d.	<u>Date Last Considered (in cases where promotion was not through):</u>	Not applicable
III.	<u>University</u> <u>Education (with dates</u> )	
a.	University of Ibadan	1992 - 1997
b.	University of Ibadan	1998 - 2005
c.	University College Hospital, Ibadan	2006 - 2011
d.	University of Ibadan	2016 - 2018
IV.	Academic Qualifications (with dates and gr	anting bodies)
a.	B.Sc. (Human Nutrition)	1997
b.	University of Ibadan MBBS (Medicine and Surgery) University of Ibadan	2005
c.	Fellow, (West African College of Physicians University College Hospital, Ibadan	2012
d.	M.Sc (Human Nutrition) University of Ibadan, Ibadan	2018

# V. <u>Professional Qualifications and Diplomas (with dates)</u>

a.	Member	2009	National Postgraduate
		Medica	d College of Nigeria
b.	Fellow, West African College of Physicians	2012	West African College of
	(Fam. Med.)	Physici	ans
c.	Cert. Leadership Training for Executive		
	Physicians	2013	Harvard University Medical
		School	, Massachusetts, USA.

d.	Member Nigerian institute of management	2013	Nigerian Institute of
		Manag	C
e.	Cert. Practical Financial Management	2014	Liverpool School of Tropical
		Medic	ine (LSTM), Liverpool, UK.
f.	Cert Leadership and Management in Health	2017	University of Washington
	-	USA	
g.	Cert. Prevention Strategies for NCDs	2021	University of Oxford UK
h.	Cert. Food Environments for Healthy Diets	2021	Wageningen University, The
		Nether	rlands

# VI. <u>Scholarships, Fellowships and Prizes (with dates) in respect of Undergraduate and Postgraduate work only)</u>

- a. WONCA travel scholarship award to attend the 20th World Conference of Family Doctors (WONCA) in Prague, Czech Republic.
- b. Ph.D. scholarship award from the Consortium for Advanced Research Training 2019 in Africa (CARTA).
- c. University of Ibadan TETFUND travel scholarship to attend the 6th World
  Organization of National Colleges, Academies and Academic Associations of
  Family Physicians (WONCA), African Regional Conference, Kampala,
  Ugandan.
  2021
- Medical Education Partnership in Nigeria (MEPIN) Fellowship -for Junior Researcher, sponsored by Fogarty International Center of the National Institutes of Health (NIH). USA.
- e. MEPIN-NIH training/travel scholarship for research methodology training at the Center for Global Health. Feinberg School of Medicine, Northwestern University, Illinois. Chicago, USA.

## VII. <u>Honours, Distinctions and Membership of Learned Society:</u>

- a. A.O. Senbanjo Prize as the best graduating Fellow of the Faculty of Family Medicine, West African College of Physicians.
- b. Fellow, Society of Family Physicians of Nigeria (SOFPON)
- c. Member, Medical and Dental Consultants of Nigeria (MDCAN)
- d. Member, Nigeria Medical Association (NMA)
- e. Member, Medical Women Association of Nigeria (MWAN)
- f. Member, World Organization of Family Doctors (WONCA)
- g. Member, WONCA Working Party for Women Family Medicine (WWPWFM)
- h. Member, International AIDS Society (IAS)
- i. Member, Nigerian Institute of Management (MNIM)
- j. Member, Faculty of Family Medicine, West African College of Physicians, Curriculum Review Committee
- k. Member, Handbook Review Committee, Faculty of Family Medicine, West African College of Physicians
- 1. Examiner, Postgraduate Fellowship Examinations in the West African College of Physicians

# VIII. <u>Details of Teaching/Work Experience</u>:

#### a. **Undergraduate:**

i. Undergraduate Courses taught:

FAM 201 Introduction to Family Medicine

FAM 301 Patient-centred Clinical Methods in Family Medicine

FAM 400 Integrative Core Lectures series in Family Medicine

FAM 401 Complementary and Alternative Medicine

FAM 501 Principles of Family Medicine

FAM 601 Practice of Family Medicine and the Role of Family Physicians in The

National Health System

COM 601 Urban Health Posting

ii. Undergraduate Supervision: Research project supervision of undergraduate medical students during elective posting

#### b. **Postgraduate:**

- i. Postgraduate Supervision: MPH- 2 (Ongoing)
- ii. Postgraduate Supervision: PhD-Not Applicable

#### c. Administrative Duties:

- i. Assistant Hall Warden, Alexander Brown Hall, University of Ibadan, 2021 till date
- ii. Member, Faculty Ceremonial Committee, Faculty of Public Health. College of Medicine, University of Ibadan, 2017 till date.

#### d. Community Service:

- i. Examiner, Postgraduate Examinations, Faculty of Family Medicine, West African College of Physicians (WACP).
   2021 to date
- ii. Member, Curriculum Review Committee, Faculty of Family Medicine, West AfricanCollege of Physicians. May 2021
- iii. Member, Handbook Review Committee, Faculty of Family Medicine, West AfricanCollege of Physicians.August 2022
- iv. Regional Executive, World Organization of Family Doctors (WONCA), African Region. October 2018 till date
- v. Assistant National Coordinator; Continuing Medical Education (CME), Medical Women Association of Nigeria (MWAN) Nov. 2021 till date.
- vi. Vice Chairman, Society for Family Physicians of Nigeria (SOFPON, Oyo State Branch March 2017 2022
- vii. Social Secretary, Medical and Dental Consultants Association of Nigeria (MDCAN), UCH Chapter Sept 2020 Sept 2022
- viii. Chair, Continuing Medical Education, Nigerian Medical Association, Oyo State 2018-2020
- ix. Chair, Welfare Subcommittee, 12th Biennial Delegates Meeting of Medical and Dental Consultants Association of Nigeria (MDCAN) held at Ibadan. September 2021
- x. African Lead, World Organisation of Family Doctors (WONCA) Working Party on Women and Family Medicine (WWPWFM) Nov 2016 Nov 2018

xi. Board of Trustee Member, Foundation for Care of Mentally Ill (CAREMI) March 2014 till date

#### IX. Research

### a. Completed

- i. Health Insurance Uptake and Satisfaction with Quality of Care amongst Primary Care patients attending a Tertiary Hospital in Ibadan, Nigeria. (Role: Principal Investigator)
- ii. Do Anthropometric Indices Correlate with Prostate Cancer in Nigerian Men? (Role: Co-Investigator)
- iii. Diarrheagenic Escherichia coli from people living with Human Immunodeficiency Virus attending healthcare facilities in Ibadan, Nigeria. (Role: Co-Investigator)
- iv. Illness Intrusiveness of Sickle Cell Disease on Family Care Givers and Patients attending the University College Hospital, Ibadan. (Role: Co-Investigator)
- v. Dietary Intake and Nutritional Status of Patients with Non-Communicable Diseases attending State Hospital, Ring Road, Ibadan, Oyo State, Nigeria. (Role: Principal Investigator)
- vi. Knowledge and Attitudes of Nursing and Medical Students of A Nigerian University Towards The Care Of Older Persons. (Role: Principal Investigator)
- vii. Family Medicine Clinical Clerkship and Perception of the Specialty by University of Ibadan Medical Students (Role: Principal Investigator)
- viii. Communication skills and the art of breaking bad news amongst medical students during the Family medicine postings. (Role: Principal Investigator)

#### b. **In Progress**

 i. Effect of Motivational Interview on salt intake among patients with hypertension in Nigeria and Uganda (Started July, 2021)

This study seeks to determine the effect of Motivational Interview on salt intake among patients with hypertension in Nigeria and Uganda. A Randomized controlled trial of adults with Hypertension in Nigeria and Uganda to be followed up over twelve months. Anticipated reduction of mean dietary salt intake and mean blood pressure in Nigeria and Uganda. This is a longitudinal, 3 wave research design. Data collection for the research commenced in April, 2022 (1st wave), second wave (6th month follow-up) data collection is ongoing and last wave (1year follow-up) will commence April 2023. Preliminary reports of analysed data from 1st wave is in progress. (Role: Principal Investigator)

ii. Socio-demographic Predictors of Post-Covid Syndrome Among Hospitalized and Non-Hospitalised Patients With Covid-19 In Ibadan, Nigeria (Started March, 2022)

While the leading symptoms during Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-COV-2) are acute and most patients fully recover, a significant fraction of patients experiences long-term health consequences The role of primary care will undoubtedly continue to evolve, shifting from detection of acute symptoms and referrals to chronic care management. Hence, COVID-19 recovered patients after mild, moderate, and severe COVID-19 infections were followed up to estimate the incidence, clinical spectrum and predictors of post-COVID syndrome amongst them. The work is currently at the level of data collection. (Role: Principal Investigator)

iii. Attitude and Perception of patients to the use of telemedicine at the General Outpatient Clinic of the University College Hospital, Ibadan

Developing nations like Nigeria are also experiencing an increase in investment in information communication technology and the application of telemedicine with the sole purpose of advancing the health of individuals and their communities. This research proposes to understand the behavioural attitude and perception of patients to the use of telemedicine services in accessing needed care. This will help to understand patient's perspectives and challenges if any in the use of telemedicine. (Role: Principal Investigator).

#### c. Project, Dissertation and Thesis

- Nutritional Assessment of a Family Unit at Ajibode Village, Ibadan (In part fulfilment for the award of Bachelor of Science (BSc) degree of the University of Ibadan). June 1996
- ii. "Effect of Women's Workload and Time Allocation on Caring Capacity and Nutrition of Their U-5 Children. A dissertation submitted in partial fulfilment of the requirements for the award of Bachelors of Science (BSc Human Nutrition) degree of the University of Ibadan. Feb.1997
- iii. Nutrition-Related Knowledge, Practice, and Nutritional Status of Patients with Non-Communicable Diseases attending State Hospital, Ring Road, Ibadan. A dissertation submitted in partial fulfilment of the requirements for the award of Masters of Science (MSc Human Nutrition) degree of the University of Ibadan. March 2018
- iv. "Family Support and the Health Impact of Knee Osteoarthritis on Adult Patients Presenting at Family Medicine Department, University College Hospital, Ibadan, Nigeria" A dissertation submitted in partial fulfilment of the requirements for the award of the Fellowship of the West African College of Physicians (FWACP Family Medicine). April 2012
- v. "A case book of fifteen patients managed at General Outpatients Clinic, University College Hospital, Ibadan and General Hospital Igbo-Ora, Ibarapa, Oyo-State, Nigeria. (In part fulfilment for the award of Fellowship of the West African College of Physicians (FWACP Family Medicine). April 2012

#### X. Publications

- a. Books already published: Nil
- b. Chapters in books already published: Nil
- c. Articles that have already appeared in Refereed Conference Proceeding:
- d. Patents and Copyrights: Nil
- e. Articles that have already appeared in learned journals:
  - 1. \***Ilori, T.**, Ladipo, M.M. and Ogunbode, A.M. (2016). Functional Health of patients with knee osteoarthritis in a Family Medicine Clinic in Ibadan..*African Journal of Medicine and Medical Sciences* Vol.45.No.3:269-274pp (Nigeria ) (Contribution: 70%)
  - 2. \***Ilori, T.**, Ladipo, M.M., Ogunbode, A.M. and Obimakinde, A.M. (2016). Knee osteoarthritis and perceived social support amongst patients in a family medicine clinic. *South African Family Practice* Vol.58.No.6:202-206pp (South Africa) (Contribution: 60%)
  - 3. \*Apata, C., Olowookere, S.A., Esimai, O.A. and **Ilori, T.** (2016). Determinants of early sexual initiation and contraceptive use among In-school adolescents in an urban local government area in south-west Nigeria. *The Nigerian Journal of Public Health* Vol.1.No.1:15-19pp (Nigeria) (Contribution: 40%)
  - 4. \* Adepoju, E.G., **Ilori, T.,** Olowookere, S.A., Idowu, A. (2016). Targeting women with free cervical cancer screening: challenges and lessons learnt from Osun state, south-west Nigeria..*The Pan African Medical Journal* Vol.24.No.0:319pp (Kenya) (Contribution: 40%)
  - 5. \*Obimakinde, A.M.L., **Ilori, T.**, Ladipo, M.M., Agbesanwa, T.A. and Aina, O.F. (2020). Psychologic Distress And Coping Strategies Among Caregivers Of Children With Sickle Cell Disease; A Comparative Study Of Caregivers Presenting To The University College Hospital, Ibadan Nigeria. *Nigerian Journal of Family Practice* Vol.11.No.1:1-5pp (Nigeria) (Contribution: 40%)
  - 6. \*Adewole, D.A., Adeniji, F.I.P., Adegborioye, E.E., Dania, O.M. and **Ilori, T.** (2020). Enrollees' knowledge and satisfaction with national health insurance scheme service delivery in a tertiary hospital, South West Nigeria. *Nigerian Medical Journal* Vol.61.No.1:27-31pp (Nigeria) (Contribution: 30%)
  - 7. \*Azeez, I.A., Ige, O.M., **Ilori, T.** and Yusuf, I.B. (2020). Prevalence of Uncontrolled Hypertension at a Secondary Health Care Center in South-Western Nigeria. *African Journal Biomed Res* Vol.23.No.0:207-211pp (Nigeria) (Contribution: 40

- \*Osiyemi, A., Fasola, O., Anjorin, I., Adeyemo, O. and **Ilori, T.** (2020). Interest in Family Medicine Specialization Among Medical Undergraduates of The University of Ibadan, Nigeria. *Annals of Ibadan Postgraduate Medicine* Vol.18.No.2:1-5pp (Nigeria) (Contribution: 30%)
  - 8. \*Folasire, O.F., **Ilori, T.** and Madaki, J.K.A. (2020). Nutrition-Related Knowledge and Attitude Of Practising Nigerian Medical Doctors To Nutrition Counselling During The Covid-19 Pandemic 2020. *Annals of Ibadan Postgraduate Medicine* Vol.19.No.1:S58-S67pp (Nigeria) (Contribution: 60%)
  - 9. \***Ilori, T.**, Akintayo, A.D., Adewale, B.A. and Oyetola, E.O. (2021). Knowledge, attitude and practice of nigerian medical students towards complementary and alternative medicine in covid-19 management. *Annals of Ibadan Postgraduate Medicine* Vol.19.No.1:S22-S30pp (Nigeria) (Contribution: 60%)
  - 10. \*Adewole, D.A., **Ilori, T.,** Ladepo, W., Akande, O.A. and Owolabi, G. (2021). Pattern of population coverage of a social health insurance scheme in a Southwest Nigeria State: A 3-year post implementation evaluation. *South Eastern European Journal of Public Health* Vol.10.No.1:1-10pp (Germany) (Contribution: 30%)
  - \*Oseni, T.I., Fatusin, B.B., Salam, T.O., Enabulele, Agbede R.O., Enobakhare E., Gyang M.D., Olalemi O.E., Ilori, T., Affusim C.C., Eromon P.E. and Fatusin A.J. (2021). Effect of Covid-19 on family medicine training and education in Nigeria. Education for Primary Care Vol.11.No.1:5-6pp (United Kingdom) (Contribution: 20%)
  - 12. \***Ilori, T.**, Salam T.O. and Olalemi, O.E. (2021). Influence of Covid-19 Pandemic On Medical Consultations Inoutpatients Clinics, Southwestern Nigeria A Commentary. *Annals of Ibadan Postgraduate Medicine* Vol.19.No.1:1-10pp (Nigeria ) (Contribution: 70%)
  - 13. \*Adewole, D.A. and **Ilori, T.** (2021). Factors influencing the choice of facilities among enrolees of a prepayment scheme in Ibadan, Southwest Nigeria. *South Eastern European Journal of Public Health* Vol.12.No.2:21-30pp (Germany) (Contribution: 40%)
  - 14. \*Aujla, N., Ilori, T., Irabor, A., Obimakinde, A., Owoaje, E., Fayehun, O., Ajisola, M.M., Bolaji, S.O., Watson, S.I., Hofer, T.P. and Omigbodun, A. Lilford, R.J. (2021). Development of a video-observation method for examining doctors' clinical and interpersonal skills in a hospital outpatient clinic in Ibadan, Oyo State, Nigeria. *BMC Health Services Research* Vol.21.No.1:1-12pp (United Kingdom) (Contribution: 30%)
  - 15. \***Ilori, T.**, Abiodun, A.H. and Ilesanmi, O.S. (2021). Self-medication practices and barriers to accessing formal healthcare among undergraduate students in a Nigerian University. *African Journal of Medicine and Medical Sciences*Vol. 50. No. 1:425-434pp (Nigeria) (Contribution: 70%)
  - 16. \***Ilori, T.**, Awoonidanla, K.T. and Adetunji, A.A. (2021). The contribution of family physicians to primary health care: Experiences from southwest Nigeria. *African journal of primary health care and family medicine* Vol.13.No.1:1-10pp (South Africa) (Contribution: 70%)

17. \***Ilori, T.** and Sanusi, R.A. (2022). Nutrition-related knowledge, practice, and weight status of patients with chronic diseases attending a district hospital in Nigeria. *Journal of family medicine and primary care* Vol.11.No.14:28-34pp (India)

(Contribution: 80%)

- 18. \***Ilori, T.** and Odeyinka, O. (2022). Drug Prescription Pattern in a Primary Care Clinic. *Journal of Drug Delivery and Therapeutics* Vol. 12. No. 3:74-79pp (India) (Contribution: 80%)
- 19. \*Oseni, T.I. Salam, T.O., **Ilori, T.** and Momoh, M. (2022). Prevalence and pattern of intimate partner violence among men and women in Edo State, Southern Nigeria. *African journal of primary health care and family medicine* Vol.14.No.1:1-10pp (South Africa) (Contribution: 40%)
- 20. Azeez, I.A., Fasanmade, A.A. and **Ilori, T.** (2022). Assessment and predictors of blood glucose levels in hypertensives attending a secondary health centre: relationship with physical activity and diet quality. *EUREKA: Health Sciences* Vol.3.No.1:49-58pp (Netherlands) (Contribution: 40%)
- 21. \***Ilori, T.**, Adewale, B.A., Obembe, T.A.l and Morakinyo, O.M. (2022). Socioeconomic factors associated with antenatal care in Nigeria. *African Journal of Reproductive Health* Vol.26.No.8:123-133pp (Nigeria ) (Contribution : 60%)
- 22. \*Adewole, D.A. and **Ilori, T.** (2022). An Assessment of Human and Physical Resources in Selected National Health Insurance Scheme Accredited Health Facilities in Ibadan, Nigeria. *Discoveries in Public Health* Vol.1.No.1:39-46pp (Nigeria) (Contribution: 40%)
- 23. \*Morhason-Bello, I.O., Yusuf, O.B., Akinyemi, J.O., Salami, K.K., Kareem, Y.O., Eyelade, R.O., **Ilori, T.**, Obisesan, O., Aderinto, A.A., Alarape, K., Alada, A., Jegede, A.S., Fawole, O., Kana, I.O., Solanke, O., Suleiman, J., Okara, D., Adebiyi, A., Abdullahi, A.M., Ejiade, O.O. and Adewole, I.F. (2022). Prevalence and predictive factors for early initiation of breastfeeding in Nigeria: Evidence from the Nigerian demographic and health survey (2003-2018). *African Journal of Reproductive Health* Vol. 26. No. 11:28-43pp (Nigeria) (Contribution: 30%)
- 24. \*Alarape, K., Yusuf, O.B., Akinyemi, J.O., Samuel, F.O., Morhason-Bello, I.O., Salami, K.K., Obisesan, O., **Ilori, T.**, Aderinto, A.A., Alada, A., Jegede, A.S., Fawole, O., Kana, I., Solanke, O., Suleiman, J., Okara, D.A., Adebiyi, A., Abdullah, I.A.M., Ejiade, O.O. and Adewole, I.F. (2022). Prevalence and patterns of anthropometric failure among under-five children in Nigeria: Evidence from the National nutrition and health survey, 2018. *African Journal of Reproductive Health* Vol. 26. No. 11:54-61pp (Nigeria) (Contribution: 30%)
- 25. \*Salami, K.K., Yusuf, O.B., Akinyemi, J.O., Morhason-Bello, I.O., Eyelade, R.O., **Ilori, T.**, Aderinto, A.A., Alarape, K., Alada, K.A., Jegede, A.S., Fawole, O., Kana, O.I., Solanke, O., Suleiman, J., Okara, D., Adebiyi, A., Abdullahi, A.M., Ejiade, O.O. and Adewole, I.F. (2022). Individual and ecological analyses of antenatal care: Prospects for delivery assistance and use of modern family planning in Nigeria. *African Journal of Reproductive Health* Vol. 26. No. 11:69-76pp (Nigeria) (Contribution: 30%)
- 26. **Ilori T**, Adewale BA, Obembe TA, Morakinyo OM. Sexual autonomy and the use of modern contraceptives in Nigeria: Evidence from the 2018 Demographic and Health Survey. Ann Afr Med 2023;22:352-8.

- 27. Oluwasomidoyin Olukemi Bello, Tolulope T. Bella-Awusah, Ayodeji Matthew Adebayo, Yetunde O. John-Akinola, Chizoma Milicent Ndikom, **Temitope Ilori**, Eniola O. Cadmus & Folashade Omokhodion (2023) Psychiatric morbidity among pregnant and non pregnant women in Ibadan, Nigeria, Journal of Obstetrics and Gynaecology, 43:1, DOI: 10.1080/01443615.2023.2205503
- 28. Olakulehin OA, Olowookere SA, **Ilori T**, Fehintola FO, Abiodun AA, Ihimekpen GE, *et al*. Determinants of road traffic crashes among intercity commercial drivers in Ile-Ife, Nigeria. Niger J Health Sci 2022;22:41-5.
- 29. Bejide OS, Odebode MA, Ogunbosi BO, Adekanmbi O, Akande KO, **Ilori T**, Ogunleye VO, Nwachukwu VU, Grey- Areben A, Akande ET and Okeke IN (2023) Diarrhoeal pathogens in the stools of children living with HIV in Ibadan, Nigeria. Front. Cell. Infect. Microbiol. 13:1108923. doi: 10.3389/fcimb.2023.1108923
- 30. Obembe TA, Akinyemi OO, Adeyanju OA, **Ilori T**, Okunade IE. Socioeconomic Parameters and Well Being of Sickle Cell Anaemic Patients in Southwestern Nigeria. West Afr J Med. 2023 Mar 31;40(3):284-291. PMID: 37017604.
- 31. Akande-Sholabi, W., Ajilore, C.O. & **Ilori, T.** Evaluation of physicians' knowledge of deprescribing, deprescribing tools and assessment of factors affecting deprescribing process. *BMC Prim. Care* **24**, 31 (2023). https://doi.org/10.1186/s12875-023-01990-1
- f. Books, Chapters in Books and Articles already accepted for Publication: Nil
- g. Technical Reports and Monographs: Nil
- h. Chapters in Edited Books/Revised Chapters in Edited Books: Nil

### **XI.** Major Conferences Attended with Papers Read (in the last 5 years):

1. 21st triennial global conference of the World Organization of National Colleges Academies and academic society of Family Physician and General Practitioners (WONCA), WONCA South America chapter, Rio de Janiero, Brazil . 16th- 20th November 2016.

**Paper Read:** Undergraduate Family Medicine; Experience from the Premier University in Nigeria.

 5th WONCA Africa and 20th National Family Practitioners Conference, WONCA World Conference, Pretoria, South Africa. 17th-20th August 2017.

**Paper Read:** Building Resilience Amongst Internally Displaced Persons.

3. 22nd Wonca World Conference of Family Doctors, WONCA, Seoul, South Korean . 17th-21st October 2018.

**Paper Read:** Nutrition Knowledge and Dietary Intake of Patients with Non-Communicable Diseases Attending a District Hospital in South Western Nigeria

4. 6th Wonca African Regional Conference, WONCA, Kampala, Uganda. 6th-8th June 2019.

**Paper Read:** Pattern of Rational Drug Use in a Nigerian Tertiary Hospital.

5. 28th International Congress of (bio) Medical Sciences-ISCOMS 2021 (virtual), ISCOMS, Groningen, Netherlands . 8th-10th June 2021.

**Paper Read:** Knowledge, attitude and practice of nigerian medical students towards complementary and alternative medicine in covid-19 management.

6. 22nd Biennial Conference and General Assembly of the Medical Women Association of Nigeria, MWAN, Ibadan, Nigeria . 14th-18th September 2021.

**Paper Read:** Self-medication practices and barriers to accessing formal healthcare among undergraduate students in a Nigerian University.

7. 12th Biennial Conference of the Medical and Dental Consultants Association of Nigeria, MDCAN, Ibadan, Nigeria. 30th-5th September 2021.

*Paper Read:* Nutrition-Related Knowledge and Attitude of Practising Nigerian Medical Doctors to Nutrition Counselling During the Covid-19 Pandemic 2020.

8. 5th Symposium of African Forum for Research and Education in Health, AFRE Health, Harare, Zimbabwe. 2nd-4th August 2022.

**Paper Read:** Predictors of post-COVID syndrome among patients with COVID-19

in Ibadan, Nigeria

9. 25th Annual General and Scientific Conference of Society for Family Physicians of Nigeria, SOFPON, Abuja, Nigeria. 23rd November 2022.

**Paper Read:** Knowledge and Attitudes of Nursing And Medical Students of A Nigerian University Towards The Care Of Older Persons.

10. African Research Universities Alliance Centre of Excellence for Non-Communicable Diseases, ARUA CoE-NCDs Regional Symposium, Nairobi, Kenya. 6th-9th December 2022.

**Paper Read:** Predictors of blood glucose levels in hypertensives attending a secondary health centre: relationship with physical activity and diet quality.

XII. Ten Best Publications that Reflect the Totality of my Contributions to Scholarship: Nil

Research Focus :Nil		
Names	Signature	